



Winter Menu Week Three



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Brown Sugar Oatmeal Fruit Yogurt Milk	Banana Muffins Cottage Cheese Milk	Coffee Cake Yogurt Fruit Milk	Cereal Fruit Yogurt Milk	Breakfast Sandwiches Cottage Cheese Fruit Milk
Morning Snack	Cheese Crackers Water	Apples Yogurt Water	Animal Crackers Fruit Water	Snack Mix Fruit Water	Apples Pretzels Water
Lunch	Chili Mac Cornbread Veggies Milk	Turkey Tacos Veggies Milk	Pasta Salad with Veggies Garlic Bread Milk	Chicken Noodle Soup Crackers Milk	Turkey Pizza Veggies Milk
Afternoon Snack	Fruit Goldfish Water	Applesauce Graham Crackers Water	Chips Salsa Water	Fruit Jello Crackers Water	Cheese Yogurt Water