



## Winter Menu Week Four



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cinnamon English Muffins Yogurt Fruit Milk	Pancakes Fruit Cottage Cheese Milk	Banana Muffins Cottage Cheese Milk	Cereal Fruit Toast Milk	Breakfast Sandwiches Cottage Cheese Fruit Milk
Morning Snack	Meat Cheese Water	Goldfish Pickles Water	Graham Crackers Cream Cheese Water	Snack Mix Water	Apples Pretzels Water
Lunch	Chicken Penne Veggies Bread Milk	Chicken and Rice Tacos Veggies Milk	Meatloaf Veggies Bread Milk	Chicken Noodle Soup Crackers Milk	Meat Pizza Salad Milk
Afternoon Snack	Veggies Dill Dip Water	Crackers Cheese Lemonade Water	Pickles Pretzels Water	Snack Mix with Craisins Water	Cheese Crackers Water