



# Summer Menu...Week 4



|                        | <i>Monday</i>   | <i>Tuesday</i>                                | <i>Wednesday</i>   | <i>Thursday</i>                             | <i>Friday</i>   |
|------------------------|---|---|--|---|---|
| <i>Breakfast</i>       | Oatmeal<br>Fruit<br>Yogurt<br>Milk                      | Breakfast<br>Sandwiches<br>Applesauce<br>Milk | Banana Oatmeal<br>Pancakes<br>Eggs<br>Fruit<br>Milk      | Breakfast<br>Burritos<br>Fruit<br>Milk      | Cheese Eggs w/<br>Diced Turkey<br>Bacon<br>English Muffins<br>Fruit<br>Milk |
| <i>Morning Snack</i>   | Cinnamon Toast<br>Watermelon<br>Water                   | Popcorn Trail<br>Mix<br>Water                 | Veggies<br>Dip<br>Crackers<br>Water                      | Yogurt<br>Crackers<br>Water                 | Cheese<br>Turkey<br>Water   |
| <i>Lunch</i>           | Deconstructed<br>Eggroll Rice<br>Bowls<br>Fruit<br>Milk | Taco Bowl<br>Tuesday<br>Spanish Rice<br>Milk  | BBQ Chicken<br>Sandwiches<br>Roasted<br>Potatoes<br>Milk | Turkey Meatloaf<br>Veggies<br>Bread<br>Milk | Chef's Choice<br>Salad<br>Milk  |
| <i>Afternoon Snack</i> | Pretzels<br>Veggies<br>Dip<br>Water                     | Fruit Pops<br>Crackers<br>Water               | Pineapple<br>Vanilla Wafers<br>Water                     | Baked Tortillas<br>Hummus<br>Water          | Cinnamon<br>Tortilla Snacks<br>Fruit<br>Water                               |